

An t-Uibhisteach Tapaidh (The Agile Uistman) (J8x40) 3C (4C Set)

Gordon Thomson

- 1- 8 1st woman dances a figure of eight round 2nd and 3rd women starting by dancing in and down **while** 1st man dances a figure of eight round 2nd and 3rd men starting by dancing in and down. 1st couple give nearer hands when possible. 1st couple end in first place in the centre of the dance ready for a poussette. 2nd couple advance on bar 8 ready for a poussette.
- 9-16 1st and 2nd couples dance a poussette.
- 17-24 1st couple dance diagonal rights & lefts with 2nd and 3rd couples. 1st man finishes facing out and up in second place. 1st woman finishes facing down and out in second place.
- 25-28 1st man dances up behind 3rd woman (in 1st man's place), dances across the set above first place and casts down to 2nd place ladies side **while** 1st woman dances down behind 2nd man (in 3rd woman's place), dances across the set below third place and casts up to 2nd place mens side.
- 29-32 1st couple turn with the left hand 1¼ to end facing 1st corner person (in 3rd corner position)
- 33-40 1st couple dance half a diagonal reel of four with first corners then pass right shoulder to dance half a diagonal reel of four with second corners to end in second place.