

8 Dances
devised by
Holly V Sherman

		Page
The Birthday Cake	R8x32	3
Cardigan Back 80	J8x40	4
Here We Go (A Wassailing)	S8x32	5
Maple Flow	R8x32	6
The Mimosa Menagerie	S4x32	7
Scotch Eggs	S3x32	9
Touch And Go	J8x40	10
The White Rose (Of Christmas)	S8x32	11

Birthday Cake (The)
(8x32R) 3C (4C set)
Devised by Holly V. Sherman

- 1-8 1c 2c 3c Circle 6 hands round to left and back**
(Baking the Round Cake)
- 9-16 1c & 2c Set and Link**
1c & 3c Set and Link
(Decorating the Cake)
- 17-24 1c (at bottom) Cross RH**
1c Cast up opposite side to 2nd place (3c step down)
1c turn RH ½ way, stay in close then pull RS back & dance
out toward own side turning to end in a diagonal line
on 1st corner diagonal between 2M & 3L
(1M is facing ladies' side, 1L is facing men's side)
1c is right shoulder to right shoulder in middle – all take
hands
(Making a Wish & Blowing Out Candles)
- 25-32 1c dance the *Spoke**
1c holding RH in center & LH with 3rd corners
Set RF 1 bar, move CW LF to 2nd corner diagonal 1 bar,
Set RF 1 bar, move CW LF to 1st corner diagonal 1 bar,
Set RF 1 bar, move CW LF to 2nd corner diagonal 1 bar,
Set RF 1 bar, move CW LF to 2nd place own side
(Take hands and release when appropriate
but 2c & 3c Set for all 8 bars)
(Cutting the Cake into Slices)

***Note: This is actually a variation of the Spoke.**

Cardigan Back 80
(8x40J) for 3c in a 4c Set
Devised by Holly V. Sherman

- 1-8** **1c & 3c dance double figures of 8**
(1c Cast, 3c dance in & up to begin)
1c pass RS to end facing 1st corners
(2c step up on bars 7&8)
- 9-16** **1c & 1st corners dance *Best Set in Hall figure**
(1c & 1st corners (2M&3L) Set,
1c pull RS back & dance to the corner
behind them While 1st corners (2M&3L) dance into middle,
end back to back & face corners they just left.
All Set, 2M&3L in middle pull RS back & dance to corner
behind them
While 1c dance into middle & turn to face 2nd corners
- 17-24** **1c & 2nd corners (2L&3M) repeat the *Best Set in Hall figure**
(1c pass RS to end 2nd place opposite side)
All 3 couples are now improper in the order of 3 1 2
- 25-32** **Set and Link for 3 couples Twice**
- 33-40** **All circle 6 hands round & back**

Here We Go (or Here We Go A Wassailing)
(8x32S) 3c in a 4c Set
Devised By Holly V. Sherman

- 1-8** **1c, 2c, 3c all dance a 3 couple Allemande starting from the sides (Use bar 1 to dance in & take allemande hold)**
Bars 2 to 8 are the same as regular Allemande for 2c & 3c
However, 1c (on bars 7 & 8) stay in the middle and dance up in promenade hold to end between 3c at top.
- 9-16** **1c (in promenade hold) dance a Reel across with 3c**
(Give RS to 3L to begin)
- 17-24** **1c (still in promenade hold) dance a Reel across with 2c**
(Give RS to 2L to begin)
End in 2nd place middle, drop hands & face out
- 25-32** **1c dance a Promenade Chain Progression with 3c & 2c**
1c dance out own sides and cast to the right (CW)
(End 1M up at top of set, 1L down at bottom of set)
while 3c & 2c Turn RH $\frac{3}{4}$ (2 bars)
- 1M pick up 3L in promenade hold, 1L pick up 2M in promenade hold and continue dancing around the outside of set CW to opposite ends (lady top, man bottom)**
while 3M & 2L in the middle Turn LH $1\frac{1}{2}$ (4 bars)
- 1c release the person dancing with and continue CW around outside of set to 2nd place own side while 2c & 3c Turn RH $\frac{3}{4}$ to end on own sides (2 bars)**
2 1 3 4

Maple Flow
(8x32R) for 3c in a 4c Set
Devised by Holly V. Sherman

- 1-8** **1M & 2M using RH, 1L & 2L using LH, turn 1c into middle back to back**
2c 1c 3c take hands in double triangles and Set (4 Bars)
1c Cast to right, 1M up around 2M and 1L down around 3L & dance into middle
End 1M facing men's side, 1L facing ladies side, LS to LS (4 Bars)
- 9-16** **1M with 2c, 1L with 3c, dance RH Across in a wheel (4 bars)**
1c Turn LH in middle 1 ½ times to face own 1st corner position
While 2c & 3c continue dancing a track in direction facing (Clockwise) 2 places or halfway around set (4 Bars)
- 17-24** **1c dance ½ a Reel on 1st corner diagonal, pass RS (4 Bars)**
1c dance ½ a Reel on 2nd corner diagonal, pass RS (4 Bars)
End 2nd place own side
- 25-32** **2c 1c 3c Circle 6 hands round to left and back**

(The) Mimosa Menagerie
4x32 Strathspey for 4c in a Square Set
Devised by Holly V. Sherman

- 1-8 Dance first 8 bars of “Culla Bay” figure**
1c & 3c Turn RH 1/2 way staying close in the middle, then pull RS back and dance out to opposite sides (4 bars)
1c & 3c dance a track clockwise around outside of Square to end in middle facing out ends (1M & 3M cut through 2 & 4 position)
While 2c & 4c repeat first 4 bars) End in lines:
4W 3W 1M 2M
4M 3M 1W 2W
- 9-16 Dance “Best Set in the Hall” figure in lines**
Taking hands, all Set, 1c & 3c cast to ends behind them
While 2c & 4c dance into middle back to back
All Set, 2c & 4c cast to ends behind them
While 1c & 3c dance into middle
End: In lines all facing in
2M 1M 3W 4W
2W 1W 3M 4M
- 17-24 Dance “LaBarratte” figure**
In two lines facing partner, take hands and Set
Turn partner RH 1/2 way
Women slide in front of partner using proper hand hold for LaBarratte out to opposite sides
(2’s & 1’s will be facing the 2c side of square for slide while 3’s & 4’s will be facing 4c side of square for slide)
All Cross LH
End: In lines, middle 2 couples back to back facing ends, ends facing in
2W 1W 3M 4M
2M 1M 3W 4W
- 25-32 Dance Best Set in Hall figure again for 4 bars**
End:
3M 2W 4M 1W
3W 2M 4W 1M
- 1c & 3c are now on sides progressed.**
2c & 4c are now in middle where they immediately face partner giving RH for a 1/2 turn (1 bar) and open up to circle left (1 bar)
2c and 4c drop hands, but continue holding partner’s hand and continue circling out to sides of square (2 bars)

End:

	4W 4M	
3M		1W
3W		1M
	2M 2W	
	(Top)	

Repeat 3 more times until all back to original positions in square

Scotch Eggs
(3x32S) in a 3c Set
Devised by Holly V. Sherman

- 1-8** **1c Cross RH, Cast down 1 place (2c step up)**
1c dance RH Across with 3c
- 9-16** **1c dance LH Across with 2c above**
1c & 3c take hands on sides and Set to partners,
then turn partner RH ½ way into Allemande hold
(End back to back in center 1c facing up, 3c facing down)
- 17-24** **1c & 3c dance Mirror Allemande**
(End 2 3 1 – but 3c improper)
- 25-32** **3M with 2c, 3L with 1c dance RH Across**
(3c twirl around to face each other in center) (4 Bars)
3c Set in middle and Petronella turn to own side 2nd place
(4 Bars)
- End 2 3 1**

Touch and Go
(8x40J) for 3c in a 4c Set
Devised by Holly V. Sherman

- 1-8** **1c Cross down RH (touch hands briefly & let go), 2c step up**
1c end back to back in Double Triangle position, all Set
(4 Bars)
1c dance ½ Reel on 1st corner diagonal (4 Bars)
(1L end up between 2's, 1M end down between 3's)
- 9-16** **1c Cross down RH (touch hands briefly & let go)**
1c end back to back in Double Triangle position up & down
set, all Set (4 Bars)
1c dance ½ Reel on 2nd corner diagonal (4 Bars)
(1c end between corners)
- 17-24** **3c 1c 2c Advance & Retire (4 Bars)**
1c Petronella turn While 3c & 2c pull RS back & set turning
in
Place (2 Bars)
All Set in lines across (2 Bars)
- 25-32** **All Advance & Retire across the set (4 Bars)**
1c Petronella turn While 3c & 2c pull RS back & Set turning in
place (2 Bars)
All Set on sides (2 Bars)
- 33-40** **1c dance diagonal Right's & Left's**

End 2 1 3 4

(The) White Rose (of Christmas)

(8x32S) 3C in a 4C set

Devised by Holly V. Sherman

1. 1c 2c 3c Advance & Retire

All dance Back to Back

9. 1c 2c 3c Set & Link twice

(3M and 1L end facing out)

17. *Rosewood Jem Figure

3L (in 1M position) & 1M (in 3L position) dance diagonally into center & turn to end back to back while 3M dances down behind ladies' side to 3L position & 1L dances up men's side to 1M position (2 bars)

3L & 1M dance diagonally out to opposite sides while 1L & 3M dance diagonally into center & turn to end back to back (2 bars)

**1M dance up behind men's side to his original place & 3L dance down behind ladies' side to her original place while 1L dances diagonally out to her original place & 3M dances diagonally out to his original place (2 bars)
All 3 couples Set (2c still improper) (2 bars)**

25. 1c & 2c dance a modified Tournee

On bar 1, both men dance into center & turn so that 1M is facing out the men's side & 2M is facing out ladies' side. Men are LS to LS in the middle in promenade hold with their partners on the outside facing the same direction as the men. After bar 1, dance a regular tournee.