

The West Wynd
and other Dances

Nan Lawson

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Maureen Daniel

Best Wishes,
Man.

THE WEST WYND

Round the room Strathspey. Couple facing couple. 1s face clockwise, 2s anticlockwise.

Bars

- 1 – 8 1st couple with nearer hands Joined lead between 2nd couple, divide, cast to place and all circle **Left**.
- 9 – 16 2nd couple lead between 1st couple, divide, cast to place and all circle Right.
- 17 – 24 Women cast off right about and give each other Right Hand in passing to place; Men then cast off left about and give each other Left Hand in passing to place.
- 25 – 28 Joining nearer hands with partners, all Advance for 2, Retire for 2.
- 29 – 32 Nearer hands still joined with partner all dance out diagonally to Right, diagonally in to Left (having passed opposite couple), turn own partner 2 hands opening out to face new couple

Suggested tunes: Caller Herrin', The Boatie Rows, Sarona,
Thou Bonnie Wood o' Craigielea

THE OCTOGENARIAN

32 Bar Reel

For Miss C.I. Mowat of Leven (Daisy)

Bars

- 1 – 4 1st couple dance a half figure off eight round standing 2nd couple.
- 5 – 8 1st and 2nd couples circle left once round.
- 9 – 16 1st couple (on wrong side) dance figure of eight round standing 2nd and 3rd couples, passing Right Shoulder to 2s to begin.
- 17 – 24 1st, 2nd and 3rd couples dance six hands round and back.
- 25 – 28 1st Man and 2nd Man change places Right Hand, then 1st Woman and 2nd Woman change places Right Hand.
- 29 – 32 Joining hands on sides, 2s and 1s set, then 2nd couple change places across the dance giving Right Hand.

MISS LAWSON'S REEL

32 bar Reel

For Jennifer, 1988

Bars

- 1 – 8 1s and 2s circle Left for 8 slip steps, then Left Hand Wheel to places.
- 9 – 16 1s cast off 1 place, meet and dance through between 3s, cast up round them and turn each other Left Hand to finish facing 1st corners.
- 17 – 24 Turn 1st corner Right Hand, partner Left Hand to face corner again, dance round 1st corner and over to face 2nd corner.
- 25 – 32 Turn 2nd corner Right Hand, partner Left Hand so that Woman faces down and Man up. Woman dances down between 3s and casts up by Left to 2nd place own side while Man dances up between 2s and casts down by Left to 2nd place own side.

Suggested Music: Jennifer Lawson's Reel

SCOTSTOUN MEDLEY

3 couple set

Bars

Strathspey

- 1 – 8 2nd Woman dances figure of eight round 1st couple while
2nd Man dances figure of eight round 3rd couple.
- 9 – 16 1st Man and 3rd Woman figure of eight round 2nd couple
passing each other Right Shoulder.
- 17 – 24 1st Woman and 3rd Man figure of eight round 2nd couple
passing each other Left Shoulder.
- 25 – 32 1st couple cross Right Hand, cast off 2 places while, 2s and 3s
step up, and turn each other 2 hands one and a half times.

Reel

- 1 – 8 2nd couple (i.e. new 2nd couple) repeat as in Bars 1 – 8 in
Strathspey.
- 9 – 16 1st Man and 3rd Woman dance as 9 – 16 in Strathspey.
- 17 – 24 1st woman and 3rd Man dance as in Strathspey but get back
to place on seventh step, all dancing in on 8th for
- 25 – 32 3 couple Poussette.

Note

As leading couple finish at bottom of set after each 32 bars,
numbering changes. After 32 Strathspey/32 Reel x 3, each
couple has led in both rhythms.

THE LAIGH STRATHSPEY

32 bar Strathspey

Bars

- 1 – 8 1st couple set to each other, cast off 1 place (2s move up), lead down between 3s, cast up round them and turn 2 hands to face 1st corner.
- 9 – 16 1s dance half diagonal reel of 4 with 1st corners, passing each other Left Shoulder to get to 2nd corner; 1s dance half diagonal reel of four with 2nd corners. This time 1s pass each other Right Shoulder to face out to own side of dance as in Double Triangles. Corners are on wrong side.
- 17 – 24 Without joining hands all set as in Double Triangles, 1s move right about, set again and travel right about and out to 2nd place own side; corners set for full 8 bars, still on wrong side.
- 25 – 32 1s and 1st corners diagonal half Rights and Lefts, then 1s and 2nd corners diagonal half Rights and Lefts.

LIFE LET US CHERISH

32 bar Jig

Bars

- 1 – 8 1st, 2nd and 3rd couples advance on setting step and join hands to form a circle, set on the spot and circle left for 8 slip steps.
- 9 – 16 Still holding on in circle, set again, all pull back Right Shoulder and cast into original places, Men facing up, Women down, to chase clockwise for 4 skip change, half round (now in order 3, 2, 1).
- 17 – 20 1st and 2nd couples half Rights and Lefts.
- 21 – 24 All three couples turn partners Right Hand, 3s (at the top) turning one and a half and finish in middle of set facing top ready for:-
- 25 – 32 3 couple Allemande.

Suggested tune: Life Let us Cherish, Kerrs Collection

A JIG FOR JENNIFER

32 bar Jig

Bars

1 – 8 1st Man and 3rd Woman advance for 2, retire for 2, turn each other Right Hand for 4 steps.

9 – 16 1st Woman and 3rd Man repeat Bars 1 – 8.

Joining hands in threes on the sides:

17 – 20 1st, 2nd and 3rd couples advance for 2, retire for 2.

21 – 24 2nd couple dance back to back.

25 – 32 1st and 2nd couples Set and Rotate, ie with nearer hands joined on sides, 1s and 2s set, 1st Man casts slightly up and over into the middle facing down followed by 2nd Man while: 2nd Woman casts slightly down and over to face up followed by 1st Woman (all now facing own partner), change places with partner giving Right Hand, and chase clockwise to own side, 1s now in 2nd place and 2s in top place.

SATURDAY MORNING JIG

Round the room –
couple facing couple

For Sherwood Junior Country Dance Class, 1983

Bars

- 1 – 8 Circle 4 hands round and back.
- 9 – 16 1st couples (facing clockwise) with nearer hands joined dance between 2nd couples, divide and cast to place. 2nd couples (facing anticlockwise) repeat, dancing between 1st couples.
- 17 – 24 Right Hand Wheel, Left Hand Wheel.
- 25 – 32 Joining nearer hands with partner, all advance for 2 steps, retire for 2 steps, advance for 4 steps passing opposite Right Shoulder to progress to face a new couple.

Suggested Music: Sherwood Nights

SHERWOOD STRATHSPEY

For Sherwood Scottish Country Dance Club Silver Jubilee in 1989

Bars

- 1 – 8 1st Woman and 2nd Man change places Right Hand. 1s and 2s circle Left halfway round; 1st Man and 2nd Woman change places Right Hand, 1s and 2s circle Left halfway round, 1s now in 2nd place, 2s at top, all on wrong side].
- 9 – 16 1s, followed by 2s, dance down the middle for 4 steps, dance up again with 2s leading. Men put Women over in front of them so that all dance out to own line (no loops).
- 17 – 24 1s, 2s and 3s join hands on sides to set and cross over giving Right Hands; set again on sides and cross back to own side, again giving Right Hands.
- 25 – 28 2nd Woman with 1st Woman and 1st Man with 3rd Man Set and Link.
- 29 – 32 1st Woman with 2nd Woman and 3rd Man with 1st Man, Set and Link.

Suggested Music: Nan Lawson's Favourite

GLENIFFER CIRCLE

32 bar reel

In threes, Man between two Women, facing another three.

Progressive, round the room.

Bars

- 1 – 8 Joining hands in threes, advance for 2, retire for 2, circle 6 hands round to Left.

- 9 – 16 The man, (or person in the middle), dancing with own Right Hand Partner and Woman facing her, Right Hand Wheel, the Men pass each other Right Shoulder in the middle to dance Left Hand Wheel with the opposite 2 Women.

- 17 – 24 Man dances figure of eight round both partners, beginning by passing Left Shoulder with the Woman on his Right.

- 25 – 32 Women on outside of circle change places RH, women on inside change places RH, join in line and set, and while the men pass each other RS, the Women turn right about halfway round (p/b). All now in original line, facing original direction but one place on.

