



**Haliburton School of Arts**  
**Scottish Country Dance Book #7**  
**By**  
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## HALIBURTON SCOTTISH COUNTRY DANCE BOOK #7

### **H7-1**

### **THE CROMACH**

40 bar Strathspey/Reel  
Line of 3 facing line of 3 around the room  
Centres start back-to-back in middle

*Featured formation*  
Reel of 4  
Petronella

#### **BARS**

- 1-8 REEL OF 4 WITH 2ND CORNERS: centre dancers dance a reel of 4 with 2<sup>nd</sup> corners (on bar 8, centres pass each other by the right shoulder instead of left shoulder and end facing 1<sup>st</sup> corners);
- 9-16 REEL OF 4 WITH 2ND CORNERS: centre dancers dance a reel of 4 with 2<sup>nd</sup> corners (on bar 15-16, centres pass each other by the right shoulder instead of left shoulder and end between partners facing opposite line of 3);
- 17-24 ENDS SET & PETRONELLA TWICE: end dancers set on the diagonal and petronella to next corner on the right, and REPEAT (ends finish in diagonally opposite places);
- 25-32 CENTRES SET & PETRONELLA TWICE: centre dancers set and petronella into centre, set and petronella to opposite place & join hands with partners;
- 33-40 SET, ROTATE OVER/UNDER ARCH & SET: set, make an arch on the left side & rotate halfway around with the right hand person dancing anticlockwise through the arch followed by centre dancer AS left hand person dances clockwise (end facing next line of 3), and set (centre dancers set advancing into the centre ending back-to-back facing 2<sup>nd</sup> corners).

REPEAT with next line of 3

### **H7-2**

### **A REEL WHEEL CHASE**

4/5x32 bar Jig  
Couple facing couple around the Room

*Featured formation*  
Reels of 3 and 4

#### **BARS**

- 1-8 REEL OF 3: dance a reel of 3 with opposite person and the next person beyond ending with an extra ¼ loop to finish facing partner in a line of four across the dance (women end back-to-back, men at the end of line of 4);
- 9-16 REEL OF 4: dance a reel of 4 ending in one place around the square (on bars 15-16 dancers starting the reel of 4 back-to-back dance straight across to partners' original place AS those starting at the end of reel of 4 dance an extra ¼ loop ending in opposites' place);
- 17-24 WHEELS: dance hands across with right hands and back with left hands (end facing anticlockwise);
- 25-32 SET, PROMENADE, & SET: set to partner, promenade partner halfway anticlockwise around the opposite couple to end facing next couple around the room, and set to them.

REPEAT with next couple

### H7-3

### THE RIGG

4/5x32 bar Reel/Jig

*Featured formations*

Couple facing couple around the room

Reel of 4

BARS

1-8 D0-SI-DO with opposite. Then partner using walking steps, ending in promenade hold with partner facing opposite couple;

9.12 PROMENADE PAST TWO COUPLES: couples pass right shoulder and then left shoulder past next couple: end facing 3<sup>rd</sup> couple round the circle;

13.16 MEN WALK CLOCKWISE ROUND PARTNER INTO FREENDLY HOLD: dropping left hands, men walk round partner (who stands still) to end with man's right arm around partner's back at waist level, woman's right hand passes to her right hip where it is joined with man's right hand;

17.24 2-COUPLE RIGG: couples unwind changing places with partner (women pull right shoulder back & dance to partner's place AS men dance forward to partner's place: 2 bars); then couples chase halfway clockwise around the 3<sup>rd</sup> couple (women in front of partner: 2 bars), turn partner halfway with right hands (2 bars), and set to partner (2 bars);

25.32 SET,  $\frac{3}{4}$  RIGHTS & LEFTS, & SET TO NEXT COUPLE: set to opposite (i.e. opposite person in the 3<sup>rd</sup> couple with whom you danced the Rigg), dance  $\frac{3}{4}$  rights and lefts ending facing opposite person in next (4<sup>th</sup>) couple round the room.

REPEAT with 4<sup>th</sup> couple

### H7-4

### OOT AND ABOUT

6/8x32 bar Jig

*Featured formation*

2-couple dance in 3- or 4-couple longways set

Reel of 4

BARS

1-8 1<sup>ST</sup> MAN & 2<sup>ND</sup> WOMAN ADVANCE & RETIRE & TURN: 1<sup>st</sup> man and 2<sup>nd</sup> woman advance and retire, then turn each other with right hands;

9.16.1 1<sup>ST</sup> WOMAN & 2<sup>ND</sup> MAN ADVANCE & RETIRE & TURN: 1<sup>st</sup> woman and 2<sup>nd</sup> man advance and retire, then turn each other with left hands  $1+\frac{1}{4}$  to end abck-to back facing partner;

17.24 REEL OF 4: 1<sup>st</sup> & 2<sup>nd</sup> couple dance a reel of 4 ending in original places facing clockwise;

25.32 CHASE, SET, CROSS & SET: 1<sup>st</sup> and 2<sup>nd</sup> couples chase clockwise halfway around (2 bars), set to partner and cross with right hands, and set again to partner.

REPEAT from 2<sup>nd</sup> place

**H7-5****WI' CUTTY STEPS**

6/8x32 Bar Strathspey

*Featured Formations*

2-couple dance in 3- or 4-couple longways set

Set and link

BARS

Reel of 4, Keppoch

1-8 1<sup>ST</sup> & 2<sup>ND</sup> COUPLE SET & LINK TWICE ending with 2<sup>nd</sup> man and 1<sup>st</sup> woman giving left hands in passing on Bars 7 and 8 to end back-to-back in a diagonal line facing partner;

9-16 REEL OF 4: 1<sup>st</sup> and 2<sup>nd</sup> couples dance a reel of 4 ending with 1<sup>st</sup> woman and 2<sup>nd</sup> man curling into place on Bars 15-16 (1<sup>st</sup> woman finishes facing out);

17-24 DOWN & BACK: 1<sup>st</sup> man dances down middle AS 1<sup>st</sup> woman casts off behind women dancing in below 4<sup>th</sup> woman to join LEFT hands with partner to lead back up to the top turning towards each other to face and man raises left hand over partner into allemande hold facing down (on Bar 24, 2<sup>nd</sup> couple step in to face up in allemande hold);

25-32 KEPPPOCH:

Bars 25-28: 1<sup>st</sup> and 2<sup>nd</sup> couples dance forward on right, hop, backward on left, hop (as in the 1<sup>st</sup> bar of the Glasgow Highlanders setting step), then travel forward diagonally to the right (1 bar), forward on left, hop, backward on right, hop (as in the 3<sup>rd</sup> bar of the Glasgow Highlanders setting step), then travel forward diagonally to the left (1 bar): couples have now changed places, men passing left shoulders, and are now back-to-back;

Bars 29-32: dropping front hands, turn once to end on own side

REPEAT from 2<sup>nd</sup> place

**H7-6****GET THE FEET A'FRISKING**

6/8x32 Bar Jig

*Featured Formations*

2-couple dance in 3- or 4-couple longways set

Reel of 4

BARS

Keppoch

1-8 1<sup>ST</sup> WOMAN & 2<sup>ND</sup> MAN 1+½ RIGHT TURN & CAST: 1<sup>st</sup> woman and 2<sup>nd</sup> man turn right hands 1+½, and cast around partner back to place;

9-16 1<sup>ST</sup> MAN & 2<sup>ND</sup> WOMAN 1+½ LEFT TURN & CAST: 1<sup>st</sup> man & 2<sup>nd</sup> woman turn left hands 1+½, and cast around partner back to place (1<sup>st</sup> man ends facing out);

17-24 DOWN & BACK: 1<sup>st</sup> woman dances down middle AS 1<sup>st</sup> man cast off behind men dancing in below 4<sup>th</sup> man to join LEFT hands with partner to lead back up to top turning towards each other to face & man raises left hand over partner into allemande hold facing down (on Bar 24, 2<sup>nd</sup> couple step in to face up in allemande hold);

25-32 KEPPPOCH:

Bars 25-28: 1<sup>st</sup> and 2<sup>nd</sup> couples advance and retire using modified Pas de Basque (2 bars: advance onto right foot in 4<sup>th</sup> intermediate position, beat left foot in rear 3<sup>rd</sup> position, step onto right foot in 3<sup>rd</sup> position, and extend left foot into 4<sup>th</sup> rear aerial position, and retire with regular pas de Basque), then dance past opposite couple ("Over the Heather Step"): couples have now changed places, men passing left shoulders, and are now back-to-back;

Bars 29-32: dropping front hands, turn once to end on own side

REPEAT from 2<sup>nd</sup> place

**H7-7****VALENTINE SPECIAL**

3x32 Bar Strathspey  
3-couple dance in 3-couple set

*Featured Formations*  
Reel of 4

**BARS**

- 1-4 ALL SET AND CROSS right hand with partner  
5-8 1<sup>ST</sup> & 3<sup>RD</sup> COUPLES PETRONELLA INTO MIDDLE & SET TO PARTNER;  
9-16 REEL OF 4: 1<sup>st</sup> & 2<sup>nd</sup> couples dance a reel of 4;  
17-24 1<sup>ST</sup> & 2<sup>ND</sup> COUPLES TURN  $\frac{3}{4}$  RIGHT as 2<sup>ND</sup> COUPLE CROSSES, THEN ALL CIRCLE HALFWAY: 1<sup>st</sup> and 2<sup>nd</sup> couple turn partner  $\frac{3}{4}$  with right hands AS 2<sup>nd</sup> couple crosses by the right hand, then all circle halfway clockwise (6 bars);  
25-32 1<sup>ST</sup> & 2<sup>ND</sup> COUPLES LOOP DOWN, THEN 1<sup>ST</sup> & 3<sup>RD</sup> COUPLES LOOP UP: 1<sup>st</sup> and 2<sup>nd</sup> couples join nearer hands to dance between 3<sup>rd</sup> couple and cast up own side (2<sup>nd</sup> couple ends in the top place), then 1<sup>st</sup> and 3<sup>rd</sup> couples dance up between 2<sup>nd</sup> couple and cast down own side – ending order 2, 3, 1.

REPEAT twice

**H7-8****DINNA GANG AGLAE (AWRY)**

4x32 Bar Jig  
4-couple longways set

*Featured Formations*  
Reel of 4

**BARS**

- 1-8 CHAIN: 1<sup>st</sup> couple face down (others face up) and turn 2<sup>nd</sup> couple halfway by the right, turn 3<sup>rd</sup> couple halfway by the left, & turn 4<sup>th</sup> couple halfway by the right;  
9-16 REELS OF 4: all dance a reel of 4 on own side (on Bar 16, 3<sup>rd</sup> and 4<sup>th</sup> men and 3<sup>rd</sup> and 4<sup>th</sup> women pass left shoulders and join hands to form a line across the dance (4<sup>th</sup> man-3<sup>rd</sup> man-4<sup>th</sup> woman-3<sup>rd</sup> woman);  
17-24 BALANCE &  $\frac{1}{2}$  TURN TWICE: 3<sup>rd</sup> and 4<sup>th</sup> couples balance,  $\frac{1}{2}$  turn ends into middle, balance and  $\frac{1}{2}$  turn again to bring ends back to end positions;  
25-28 LOOP: 3<sup>rd</sup> couples dances up around person in top place passing them by the left shoulder (3<sup>rd</sup> woman around 2<sup>nd</sup> woman, 3<sup>rd</sup> man around 2<sup>nd</sup> man) AS 4<sup>th</sup> couple dances down around the person in the bottom place on own side passing them by the left shoulder (4<sup>th</sup> woman around 1<sup>st</sup> woman, 4<sup>th</sup> man around 1<sup>st</sup> man);  
29-32 LEFT HAND WHEEL: 3<sup>rd</sup> and 4<sup>th</sup> couples dance left hands across.

REPEAT 3 times

**H7-9****LA TRIOMPHE**

3 or 4 x 24 Reel  
2-couple dance in 3- or 4-couple set

*Featured Formations*  
Triumph

**BARS**

- 1-8 DIAGONAL TURNS: 1<sup>st</sup> man and 2<sup>nd</sup> woman turn by the right, then 1<sup>st</sup> woman and 2<sup>nd</sup> man turn by the left once round & stay in the middle facing down with left hands joined;  
9-16 DOWN & UP IN TRIUMPH: 1<sup>st</sup> woman and 2<sup>nd</sup> man lead down the middle and turn to face up AS 1<sup>st</sup> man crosses over through partner's place and cast down past 4<sup>th</sup> woman and dances in to give right hand to partner and left hand to 2<sup>nd</sup> man's right hand to make an arch over the 1<sup>st</sup> woman, then all three dance up the middle, 2<sup>nd</sup> man returning to place;  
17-24 1<sup>ST</sup> COUPLE CROSS, CAST TO BOTTOM & TULLOCH TURN: 1<sup>st</sup> couple cross by the right, cast to the bottom (2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> couples step up), and turn using the Tulloch turn.

REPEAT with new top couple

## **H7-10**

## **RABBIE'S RANT**

6x32 Reel

3-couple dance in 3-couple longways set

*Featured formation*

Figure of 8

### **BARS**

- 1-8 1<sup>ST</sup> COUPLE FIGURE OF 8: 1<sup>st</sup> couple dance a figure of 8 through 2<sup>nd</sup> couple;  
9-16 1<sup>ST</sup>, 2<sup>ND</sup> & 3<sup>RD</sup> COUPLES DOWN MIDDLE & BACK: 1<sup>st</sup> couple followed by 2<sup>nd</sup> and 3<sup>rd</sup> couples (who dance up to follow 1<sup>st</sup> couple) dance down the middle and back, 1<sup>st</sup> couple dancing up between 2<sup>nd</sup> & 3<sup>rd</sup> couples who split & meet to follow 1<sup>st</sup> couple;  
17-24 SET TWICE & DO-SI-DO: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> couples set twice & dance back-to-back with partner;  
25-32 TURN & THRO' ARCHES: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> couples turn partner with both hands, then 1<sup>st</sup> couple dances down through arches made by 2<sup>nd</sup> and 3<sup>rd</sup> couples who move up one place.

REPEAT as required

## **H7-11**

## **AROUND THE CABOT TRAIL**

4x48 bar Jig

4-couple dance in longways set

*Featured Formation*

Trains

### **BARS**

- 1-8 ADVANCE, RETIRE & TURN RIGHT: all turn advance & retire, then turn partner by the right hand;  
9-16 ADVANCE, RETIRE & TURN LEFT: all turn advance & retire, then turn partner by the left hand;  
17-32 TRAINS FOR WOMEN THEN MEN: women dance a chase anticlockwise around the men, then the men dance a chase clockwise around the women;  
33-40 CIRCLE & BACK: all dance a circle to the left and back;  
41-48 1<sup>ST</sup> SLIP DOWN & BACK & CAST TO BOTTOM: 1<sup>st</sup> couple slip down (2 bars), slip back up (2 bars), then cast to the bottom as the other couples step up.

REPEAT with new top couple

## **H7-12**

## **AUTUMN LEAVES**

6/8x32 bar Strathspey

3-couple dance in 3- or 4-couple longways set

*Featured formation*

Promenade reel of 3

2-couple allemande

### **BARS**

- 1-8 SET & TURN: 1<sup>st</sup> woman & 2<sup>nd</sup> man set advancing & turn both hands, then 1<sup>st</sup> man & 2<sup>nd</sup> woman set advancing & turn both hands;  
9-16 SET & TURN: 1<sup>st</sup> couple set advancing, turn both hands, and long cast;  
17-24 PROMENADE REEL OF 3: 1<sup>st</sup> couple dance a promenade reel of 3 with 2<sup>nd</sup> couple, ending with 1<sup>st</sup> couple at the top and 2<sup>nd</sup> couple below them;  
25-32 ALLEMANDE: 1<sup>st</sup> & 2<sup>nd</sup> couples dance an allemande.

REPEAT

**H7-13****THE WEAVER'S BONNIE**

3x32 bar jig

3-couple dance in 3-couple longways set

*Featured formation*

Figure of 8, teapots

BARS

1-8 FIGURE 8 ON OPPOSITE SIDE:

1st couple dance a figure of 8 around 2nd and 3rd couples on opposite side;

9-16 FIGURE OF 8 ACROSS: 1st couple dance a figure of 8 across the dance between 2nd couple;

17-28 TEAPOTS INTO DOWN MIDDLE &amp; BACK: 1st couple dance 3-hands across, 1st man with 2nd &amp; 3rd women, 1st woman with 2nd &amp; 3rd men, then dance down middle followed by 2nd &amp; 3rd couples; and return up the middle 1st followed by 2nd and 3rd couples who separate to let 1st, then 2nd couple through;

29-32 CAST &amp; CROSS: 1st couple cast off to bottom and cross by the right.

REPEAT

**H7-14****ROUND THE SET**

4x32 bar Reel

4-couple dance in 4-couple longways set

*Featured formation*

Chase, wheel

BARS

1-8 TURN &amp; CHASE: 1st couple turn by the right and then 1st woman casts off on own side to bottom and over below 4th man followed by partner;

9-16 WHEEL &amp; CHASE: 1st and the couple dance right hands across, then 1st woman casts up to the top behind men followed by 1st man to original places;

17-24 ADVANCE &amp; RETIRE ON DIAGONAL: 1st man and 4th woman advance and retire, then 1st woman and 4th man advance and retire;

25-32 DO-SI-DO &amp; SLIP TO BOTTOM: 1st couple dance back-to-back and then slip to the bottom, other couples stepping up.

REPEAT with new top couple

**H7-15****OVER THE HEATHER**

4x32 Jig

4-couple double circle, men with back to centre

*Featured formation*

Over the Heather step

BARS

1-8 OVER THE HEATHER &amp; CROSS TWICE: Right hands joined with partner, dance forward &amp; back using Pas de Basque modified on the 2nd beat where the left foot is in 3rd rear position, then change places with partner: repeat bars 1-4;

9-16 CHASE, SET &amp; TURN: Ladies chase halfway clockwise, set to opposite man &amp; turn halfway with right hand;

17-24 REPEAT BARS 9-16 with men chasing halfway to partner, set &amp; turn halfway;

25-32 DO-SI-DO: dance back to back with the person diagonally to the left of starting position, &amp; turn them with a right hand: men end in original places with a new partner.

REPEAT 3 times

**H7-16****SUMMER FESTIVAL**

6x32 strathspey or reel

2-couple dance in a 3-couple longways set

*Featured formations*

Petronella, Link

Reel of 4

BARS

1-8 SET &amp; PETRONELLA TWICE: 1st and 2nd couples set &amp; petronella twice;

9-16 SET &amp; LINK TWICE: 1st &amp; 2nd couples set &amp; link twice (on the second link those dancing in end back-to-back as those casting finish at the end in a line across the set);

17-24 REEL OF 4: Reel of 4 (those that start back to back in the centre dance straight across on last two bars,

25-32 CIRCLE, SET &amp; CROSS: Circle left, set &amp; cross giving right hand to partner.

REPEAT with next couple

## H7-17

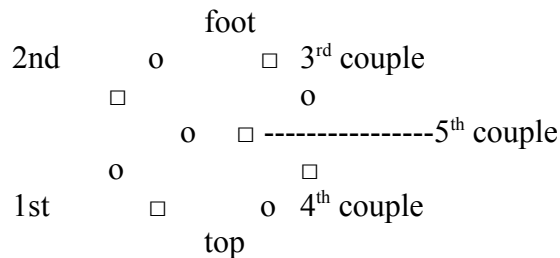
## THE DIAMOND REEL

5x48 bar Reel

5-couple dance in 4-couple diamond with one couple in middle

*Featured formation*

Promenade reel of 3



### BARS

- 1-8 CIRCLE: Circle and back around the 5<sup>th</sup> couple who set to each other ending facing the gap between 2<sup>nd</sup> & 3<sup>rd</sup> couples at the foot of the set;
- 9-16 CAST & TEAPOTS: 5<sup>th</sup> couple separate & dance out, 5<sup>th</sup> man between 1<sup>st</sup> & 2<sup>nd</sup> couples, 5<sup>th</sup> woman between 3<sup>rd</sup> & 4<sup>th</sup> couples, then 5<sup>th</sup> man dances around behind 2<sup>nd</sup> couple into right hands across with 2<sup>nd</sup> couple AS 5<sup>th</sup> woman dances around behind 3<sup>rd</sup> couple into left hands across with 3<sup>rd</sup> couple;
- 17-24 CAST & TEAPOTS: 5<sup>th</sup> couple separate & dance out, 5<sup>th</sup> man between 2<sup>nd</sup> & 3<sup>rd</sup> couples, 5<sup>th</sup> woman between 3<sup>rd</sup> & 4<sup>th</sup> couples, then 5<sup>th</sup> man dances around behind 2<sup>nd</sup> couple into left hands across with 2<sup>nd</sup> couple AS 5<sup>th</sup> woman dances around behind 4<sup>th</sup> couple into right hands across with 4<sup>th</sup> couple;
- 25-32 PROMENADE REELS OF 3: 5<sup>th</sup> man dances a reel of 3 with 2<sup>nd</sup> & 1<sup>st</sup> couples who are in promenade hold (5<sup>th</sup> man starts by passing 2<sup>nd</sup> couple by the right shoulder) AS 5<sup>th</sup> woman dance a reel of 3 with 3<sup>rd</sup> & 4<sup>th</sup> couples who are in promenade hold (1<sup>st</sup> woman start by passing 3<sup>rd</sup> couple by the left shoulder);
- 33-40 PROMENADE REELS OF 3: 5<sup>th</sup> couple cross over into reel on other side: 5<sup>th</sup> man dances a reel of 3 with 3<sup>rd</sup> & 4<sup>th</sup> couples who are in promenade hold (5<sup>th</sup> man starts by passing 3<sup>rd</sup> couple by the left shoulder) AS 5<sup>th</sup> woman dance a reel of 3 with 2<sup>nd</sup> & 1<sup>st</sup> couples who are in promenade hold (1<sup>st</sup> woman start by passing 3<sup>rd</sup> couple by the right shoulder) ;
- 41-48 OUT & CHASE AROUND: 5<sup>th</sup> couple (woman on left side of partner) dance out the foot of the set between 2<sup>nd</sup> & 3<sup>rd</sup> couples, turn to the right & dance a chase clockwise around the set ending in 1<sup>st</sup> couple's place (who step into the center).

REPEAT the dance with each couple taking a turn in the center: the axis of the set rotates  $\frac{1}{4}$  with each new couple in the center, i.e. 1<sup>st</sup> couple faces the right hand side of the set, 2<sup>nd</sup> couple faces the top of the set, 3<sup>rd</sup> couple faces the left hand side of the set, & 4<sup>th</sup> couple faces the foot of the set. 5<sup>th</sup> couple ends the dance back in the middle with the other couples one place clockwise of their original places.