

GAELIC COLLEGE SCD BOOK #9: A Dozen in Hand

9.1 SPINDLES & WHORLES (implements used in spinning with a distaff)

4x32 bar Strathspey

Featured Formations

4-couple dance in 4-couple longways set

Hand-in-Hand Oval Reel of 4, Rosette

BARS

1-8 SET, CIRCLE & SET: all set nearer hands joined on side, 4 hands once round to the left (1st with 2nd, 3rd with 4th), nearer hands joined with partner set 1st to 2nd, and 3rd to 4th;

9-16 HAND-IN-HAND OVAL REEL OF 4: all chase around an oval track, 1st followed by 2nd followed by 4th followed by 3rd, switching hands with partner at each end of the set ending as at the end of Bar 8: N.B. there is no left shoulder passing in the middle;

17-24 SET, CIRCLE, SET & LINK: all set nearer hands joined with partner (1st to 2nd, 3rd to 4th), 4 hands halfway round to left, set (nearer hands joined with partner) & link (order is now 2nd, 1st, 4th, 3rd and all are on own side);

25-32 CENTRE COUPLE, ROSETTE: 1st & 4th couples set nearer hands joined on the side, turn partner halfway with right hand, twirl (dance in towards partner & then pulling right shoulder back dance out to opposite side), & chase clockwise halfway round to own side (order is now 2nd, 4th, 1st, 3rd).

REPEAT from new places

9.2 THE TEMPER-PIN (Wooden pin for regulating spinning wheel)

4x40 bar Jig

Featured Formation

4-couple dance in 4-couple longways set

Hand-in-Hand Oval Reel of 4

BARS

1-8 SET TWICE & CIRCLE: all set to partner, then set on diagonal in group of 4 (1st to 2nd, 3rd to 4th), & 4 hands once round to the left;

9-16 HAND-IN-HAND OVAL REEL OF 4: all chase around an oval track, 1st followed by 2nd followed by 4th followed by 3rd, switching hands with partner at each end of the set ending as at the end of Bar 8: N.B. there is no left shoulder passing in the middle;

17-24 SET TWICE & WHEEL: all set to partner, then set on diagonal in group of 4 (1st to 2nd, 3rd to 4th), & right hands across once round: on bar 24 1st man & 2nd woman, 3rd man & 4th woman dance towards each other ending back-to-back in a line of 4 across the dance facing own side (1st woman-2nd woman-1st man-2nd man; 3rd woman-4th woman-3rd man-4th man);

25-32 REELS OF 4: all dance a reel of 4 ending on own sides in progressed places (on Bars 31-32: 2nd man & 1st woman dance around ends of reel ending in progressed places AS 1st man & 2nd woman dance straight across to own side in progressed places: 3rd & 4th couples do likewise: order is now 2nd, 1st, 4th, 3rd);

33-40 CENTRE COUPLES SET & SPRING POINTS, PASS RIGHT & CHASE: 1st & 4th couples set & Spring Points to partner (or Pas de Basque twice), pass partner by the right shoulder & pulling right shoulder back chase halfway clockwise to own side: order is now 2nd, 4th, 1st, 3rd.

REPEAT from new places

9.3

E'EENS YE LIKE (just as you like)

2x32 bar Strathspey

Featured Formation
Hand-in-Hand Oval Reel of 4

4-couple dance in Square Set

BARS

1-8 GRAND CHAIN: all dance a Grand Chain around the square, one step to each hand;

9-16 HEAD COUPLES 1+ ½ TURN BY RIGHT & CHASE: 1st & 3rd couples turn partner 1+ ½ times by the right hand, then the women followed by her partner dance clockwise ¼ around behind the side couples to end in front of them, men dancing between side couples (1st woman facing 2nd man, 1st man facing 2nd woman, 3rd woman facing 4th man, & 3rd man facing 4th woman);

17-24 HAND-IN-HAND OVAL REEL OF 4: all dance Hand-in-Hand Oval Reel of 4 (chase around an oval track, 2nd followed by 1st followed by 4th followed by 3rd, switching hands with partner at each end of the set ending as at the end of Bar 16): N.B. there is no left shoulder passing in the middle;

25-32 HEADS ROUND SIDES & CHASE HOME: head couples dance anticlockwise all the way round the person you are facing (men dance between side couple to start), then the women chased by her partner dance anticlockwise round side couples to original places (1st couple round 2nd couple, 3rd couple round 4th couple).

33-64 REPEAT Bars 1-32 with Side Couples active in Bars 9-32.

9.3

FIDGING-FAIN (shaking with joy)

64 bar Strathspey/64 bar Reel Medley

Featured Formation
Hand-in-Hand Oval Reel of 4

4-couple dance in a Square Set

BARS

STRATHSPEY

1-8 ½ GRAND CHAIN: all dance a Star Grand Chain halfway round, two steps to each hand;

9-16 TURN & ½ GRAND CHAIN BACK: all turn partner with right hand once round (2 bars) and dance a Star Grand Chain halfway back to meet partner ready for

17-20 TURN PARTNER 1+ ½ TIMES to original places;

21-24 HEAD COUPLES WHEEL: 1st & 3rd couples dance right hands across ¾ around, & on Bar 24 give partner nearer hand and pass other head couple by the right shoulder to dance into

25-32 HAND-IN-HAND OVAL REEL OF 4: all dance Hand-in-Hand Oval Reel of 4 starting by passing right shoulders (1st with 2nd, & 3rd with 4th)(chase around an oval track switching hands with partner at each end of the reel finishing in original places): N.B. there is no left shoulder passing in the middle;

33-64 REPEAT Bars 1-32 with Side Couples active in Bars 21-32.

REEL

1-64 REPEAT Bars 1-64 in Reel tempo.

9.5

KEEKIT BEN (Peeped within)

72 bar Strathspey

Featured Formations

4-couple dance in a Square set

½ Tandem & Hand-in-Hand Reels of 4

BARS

1-8 HEAD COUPLES SET TWICE & WHEEL: 1st & 3rd couples set to partner, & joining nearer hands with partner set to opposite couple, then dance right hands across once round;

9-16 ½ TANDEM REEL OF 4 & CHASE: All dance ½ Tandem Reel of 4, starting passing right shoulder: 1st with 2nd, & 3rd with 4th couple (Head couples start with men in lead, Side couples start with women in the lead followed closely by partner: lead switches at each end of the reel): on bars 13-16 side couples chase clockwise home (on bars 15-16 head couples chase into original places);

17-32 REPEAT Bars 1-16 WITH SIDE COUPLES;

33-40 HEAD COUPLES SET TWICE & CIRCLE: 1st & 3rd couple set to partner, & joining nearer hands set to opposite, then circle to the left, on Bar 40 retain partners hand & pass other head couple by the right shoulder to dance into

41-48 ½ HAND-IN-HAND REEL OF 4: All dance ½ Hand-in-Hand Reel of 4, starting passing right shoulder (1st with 2nd, & 3rd with 4th couple): on bars 45-48 side couples chase home clockwise (on bars 47-48 head couples chase into original places);

49-64 REPEAT Bars 33-48 WITH SIDE COUPLES;

65-72 ALL CIRCLE & BACK.

9.6

RIN THE REEL (Run the Reel)

4x40 bar Reel

Featured Formations

4-couple dance in a Square set

Tandem & Hand-in-Hand Reels of 4

BARS

1-8 ADVANCE & RETIRE TWICE nearer hands joined in a circle (4 waling steps each way);

9-24 ½ GRAND CHAIN, TURN PARTNER & ½ GRAND CHAIN BACK: all dance Star Grand Chain halfway around the set (2 steps to each hand), turn partner by the right hand (2 steps) and Star Grand Chain back (2 steps to each hand) to meet partner;

25-28 ALL TURN: all turn partner 1+ ½ times with right hand once round to original places;

29-32 HEAD COUPLES WHEEL: 1st & 3rd couple dance right hands across;

33-40 ½ TANDEM REEL OF 4 & CHASE: all dance Tandem Reel of 4 halfway starting by passing right shoulder 1st with 2nd, & 3rd with 4th couple (Head couples start with men in lead, Side couples start with women in the lead followed closely by partner: lead switches at each end of the reel): on bars 36-40 side couples chase home clockwise (on bars 39-40 head couples chase into original places);

41-80 REPEAT Bars 1-40 WITH SIDE COUPLES leading on bars 29-40;

81-120 REPEAT Bars 1-40 BUT SUBSTITUTE CIRCLE LEFT IN BARS 28-32 & HAND-IN-HAND REELS OF 4 IN Bars 33-40 (N.B partners switch hands at each end of the reel);

121-160 REPEAT Bars 81-120 WITH SIDE COUPLES LEADING on Bars 29-40.

9.7

DANCE O'LAV'ROCKS (Lark's dance)

2x32 bar Strathspey

Featured Formation
½ Hand-in-Hand Reels of 4

4-couple dance in a Square set

BARS

1-8 GRAND CHAIN all the way around, one step to each hand;

9-16 HEAD COUPLES SET, TURN, & CIRCLE: 1st & 3rd couple, nearer hands joined, set advancing (2 bars), turn opposite once round with both hands (2 bars), & dance 4 hands ¾ round to the left, &, retaining nearer hands with partner, pass other head couple passing right shoulder & flow out into

17-24 ½ HAND-IN-HAND REELS OF 4 WITH SIDE COUPLES & CHASE: nearer hands joined with partner, ½ Hand-in-Hand Reel of 4 starting passing right shoulder (1st with 2nd & 3rd with 4th couple): on bars 13-16 side couples chase home clockwise (on bars 15-16 head couples chase into original places;

25-32 CIRCLE & BACK: all dance 4 hands round & back.

33-64 REPEAT Bars 1-24 with Side Couples leading.

9.8

THE BROOSE REEL (Race at Country Wedding)

2x32 bar Reel

Featured Formations
½ Hand-in-Hand Reels of 4

4-couple dance in Square set Petronella in Tandem

BARS

1-8 ADVANCE & RETIRE TWICE nearer hands joined in a circle using walking steps;

9-16 HEAD COUPLES SET, PETRONELLA IN TANDEM, SET & PASS: 1st & 3rd couple set with nearer hands joined, Petronella in Tandem, set nearer hands joined, & pass opposite couple by right shoulder to dance into

17-24 ½ HAND-IN-HAND REELS OF 4 WITH SIDE COUPLES & CHASE: nearer hands joined with partner, ½ Hand-in-Hand Reel of 4 starting passing right shoulder (1st with 2nd, & 3rd with 4th couple): on bars 13-16 side couples chase home clockwise (on bars 15-16 head couples chase into original places;

25-32 CIRCLE & BACK: all dance 4 hands round & back.

33-64 REPEAT Bars 1-32 with Side Couples leading.

9.9

TIRL THE SNECK (Twirl the latch)

5x48 bar Strathspey

5-couple dance in Square set, 5th couple in centre

BARS

Featured Formation

Hand-in-Hand Reels of 3

1-8 SET, ½ WHEEL, TWIRL & CHASE: 5th and 1st couples set on diagonal, dance right hands across halfway, twirl (all pull into the centre of the wheel, pull right shoulder back & dance out to position as at end of Bar 4), & chase clockwise to original places ending with 5th couple (man on right of partner) facing 3rd couple;

9-16 SET, ½ WHEEL, TWIRL & CHASE: 5th & 3rd couples set, dance left hands across halfway, twirl (all pull into the centre of the wheel, pull left shoulder back & dance out to position as at end of Bar 12) & chase anticlockwise to original places, 5th couple (man on left of partner) facing 1st couple;

17-24 HAND-IN-HAND REEL OF 3: 5th couple with head couples dance Hand-in-Hand Reel of 3 switching hands with partner at each end of the reel: end with 5th couple facing 4th couple;

25-48 REPEAT Bars 1-24 WITH SIDE COUPLES: on bars 47-48 5th woman followed by 5th man dance anticlockwise ¼ around the periphery into 1st couple's place as 1st couple dance into the middle to face next couple on the left (i.e. 2nd couple).

REPEAT with each couple in the centre

9.10

HALIBURTON TENSOME

5x32 bar Reel

5-couple dance in Square set, 5th couple in centre

BARS

Featured Formation

½ Hand-in-Hand reels of 3

1-8 CIRCLE & BACK around 5th couple who set to each other using Pas de Basque or a Highland Step;

9-24 FOUR ½ HAND-IN-HAND REELS OF 3: 5th couple dance four Hand-in-Hand Reels of 3, each halfway, passing right shoulder around each outer couple's position in turn (i.e. 1st, 4th, 3rd, & 2nd) AS the outer couple dance two Hand-in-Hand Reels of 3 halfway (head couples, side couples, head couples & side couples): each couple switches hands at each end of the reel;

25-32 SET & 1+ ½ WHEEL: 5th & 1st couples set & dance right hands across 1+ ½ times around ending with 5th couple in 1st couple's place and 1st couple in the middle facing next couple on right (i.e. 4th couple).

REPEAT with each couple in the centre

9.11

SORBIE TENSOME REEL

5x40 bar Reel

5-couple square set, 5th couple in centre

BARS

Featured Formation

Hand-in-Hand Reels of 3

1-8 CIRCLE & BACK around the 5th couple who set to each other using Pas de Basque or a Highland Step;

9-16 SET & TURN HEAD COUPLES: 5th couple sets to 1st couple & turns opposite with right hands, then sets to 3rd couple & turns opposite with left hands (end facing 1st couple);

17-24 HAND-IN-HAND REEL OF 3 WITH HEAD COUPLES: 5th couple dances a Hand-in-Hand Reel of 3 with Head couples (start 5th & 1st couples passing right shoulders), each couple switching hands at each end of the reel (end facing 4th couple);

25-32 SET & TURN SIDE COUPLES: 5th couple sets to 4th couple & turns opposite with right hands, then sets to 2nd couple & turns opposite with left hands (end facing 4th couple);

33-40 HAND-IN-HAND REEL OF 3 WITH SIDE COUPLES: 5th couple dances a Hand-in-Hand Reel of 3 with Side couples (start 5th & 4th couples passing right shoulders), each couple switching hands at each end of the reel: on bars 39-40 5th woman followed by 5th man dances anticlockwise ¼ around the periphery into 1st place AS 1st couple joins nearer hands & dances into centre to face next couple on their left (i.e. 2nd couple).

REPEAT with each couple in the centre

9.12

GALLOWAY TENSOME

5x32 bar Reel

5-couple square set, 5th couple in centre

BARS

Featured Formation

Hand-in-Hand Reels of 3

1-8 SET & RIGHT HAND WHEEL: 5th & 1st couples set to opposite, set on diagonal, & dance right hands across: end 5th couple (man on right of woman) facing 3rd couple;

9-16 SET & LEFT HAND WHEEL: 5th & 3rd couples set to opposite, set on diagonal, & dance left hands across: end with 5th couple (man on right of woman) facing 4th couple;

17-24 SET & RIGHT HAND WHEEL: 5th & 4th couples set to opposite, set on diagonal, & dance right hands across: end with 5th couple (man on left of woman) facing 2nd couple;

25-32 SET & LEFT HAND WHEEL: 5th & 2nd couples set to opposite, set on diagonal, & dance left hands across: end with 5th couple (man on left of woman) facing 3rd couple;

33-40 HAND-IN-HAND REEL OF 3 WITH HEAD COUPLES: 5th couple dances a Hand-in-Hand reel of 3 (start with 3rd & 1st couples left shoulder, couples switch hands at each end of the reel), end with 5th couple facing 4th couple;

41-48 HAND-IN-HAND REEL OF 3 WITH SIDE COUPLES: 5th couple dances a hand-in-hand reel of 3 (start with 4th & 2nd couples passing right shoulder, couples switch hands at each end of the reel), on bars 47-48 5th woman followed by 5th man dances anticlockwise ¼ around the periphery into 1st place AS 1st couple joins nearer hands & dances into the centre to face next couple to their left (i.e. 2nd couple).

REPEAT with each couple in the centre