

BEN LUI

A medley for 3 couples in a triangular set
Men in middle facing out towards partner

Strathspey

BARS

- 1 – 4 All 3 couples set.
All 3 couples pass partner right shoulder.
- 5 – 8 All the men set while ladies dance left hands across once round.
All pass partner right shoulder, ladies to original position, men to face out to next lady clockwise.
- 9 – 12 Men dance Rocking Step or Highland Schottische setting step with little sideways movement, ladies dance Glasgow Highlanders setting step.
- 13 – 16 All turn partner right hand ladies to finish men on sides facing in, ladies on sides facing out.

Reel

- 1 – 12 All dance 12 bars of Schiehallion reels.
- 13 – 16 All turn new partner right hand, to finish with ladies on the sides, men in the centre.

Repeat twice more from new positions.

Devised by James McMillan Ben Lui was the home of George & Ellan Regan, friends and dance team partners

