

The Herrington Scottish Country Dancing Group

The Herrington Scottish Country Dancing Group was formed by a small set of dedicated dancers who danced on most Mondays and Saturdays in Sunderland.

In 1998 our Monday class, taught by the late John Hutton, found itself unable to continue. It used a Sunderland University dance studio for its classes, and was part of an Adult Education course from which the funding was withdrawn.

After the Millennium celebrations a local Saturday class, run for many years by Bill Moore, ended as he and his wife Mary decided that they wished to spend more time together enjoying their retirement.

Douglas Smith, a member of both dancing groups, was able to obtain the use of the church hall of St. Chad's in Durham Road, Sunderland, where he called a meeting at which the Herrington Scottish Country Dancing Group was formed, the name Herrington being that of the local district of Sunderland in which the church is situated.

Since 20th April 1998 the group has met most Mondays and Saturdays, not forgetting the Hogmanay Dance which always brings in the New Year, to enthusiastically pursue our hobby of Scottish Country Dancing, and socialising.

This volume of Scottish Country Dances has been devised by our members to celebrate the 10th Anniversary of our founding, and we hope that you enjoy dancing them.

If you are in the area and wish to join us, please do come along on one of our dance nights or, if you have any queries regarding the dances, contact Douglas Smith at St. Chad's Church, Sunderland.

St. Chad's Jig

A Jig for 4 couples in a 4 couple long ways set (4 x 32 bars).

Bars	Description
1 – 8	1st & 2nd couples dance a Double Figure of 8 while 3rd & 4th couples dance a Double Figure of 8 (1st & 3rd couples cast: 2nd & 4th couples cross up to start)
9 – 12	1st lady followed by 1st man casts off round 2nd lady 1st lady crosses to 3rd man's place, 1st man to 3rd lady's place while 3rd man followed by 3rd lady casts up round 2nd man 3rd man crosses to 1st lady's place, 3rd lady to 1st man's place (now 3 2 1 4 with 3rd couple & 1st couple on opposite sides)
13 – 16	3rd & 2nd couples dance Right Hands Across while 1st & 4th couples dance Left Hands Across
17 – 24	2nd & 1st couples dance a Ladies Chain N.B. 1st lady pivots (pirouettes) to change direction
25 – 28	2nd & 3rd couples dance clockwise (chase) to change places while 1st & 4th couples dance clockwise to change places (now 2 3 4 1 with 2nd & 4th couples on opposite sides)
29 – 32	2nd & 4th couples set & cross Right Hand end 2 3 4 1 Repeat 3 more times from new positions each time

A dance devised by Ray Settrey

Pauline's Promenade

A Strathspey for 3 couples in a 4 couple long ways set (8 x 32 bars).

Bars	Description
1 – 8	1st & 2nd couples dance Set & link; 2nd & 1st couples cross Right Hand with partner, 2nd & 1st couples join nearer hands on sides and set
9 – 16	1st & 3rd couples dance Set & link; 3rd & 1st couples cross Right Hand with partner, 3rd & 1st couples join nearer hands on sides and set
17 – 24	1st couple cast up on own side to top, while 2nd & 3rd couples cross down Left Hand, 1st, 2nd & 3rd couples joining nearer hands on sides set; 1st, 2nd & 3rd couples turn partner Right Hand 1 turn to end in centre in promenade hold facing up
25 – 32	1st, 2nd & 3rd couples Promenade on bar 31/32 1st couple cast to 2nd place while 2nd couple dance up to top place end 2 1 3 Repeat having passed a couple

A dance devised by Ian Dickson for Pauline Kerby, Sunderland,
a member of our dancing group.

It Flows Nicely

A Reel for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st & 2nd couples dance Set & Rotate
9 – 16	1st man with 2nd couple dance a Reel of 3 across while 1st lady with 3rd couple dance a Reel of 3 across (1st couple pass their 2nd corner Right Shoulder) 1st couple end reel facing 1st corners
17 – 24	1st couple dance Pass & Turn with 1st corners 1st couple pass Right Shoulder to face 2nd corners; 1st couple dance Pass & Turn with 2nd corners 1st couple end in 2nd place, opposite side
25 – 32	2nd, 1st & 3rd couples dance a Reel of 3 on sides (1st couple give Left Shoulder to their 1st corner) 1st couple cross Right Hand end 2 1 3 Repeat having passed a couple

A dance devised by Ann Stewart

The Road to Washington (CD)

A Jig for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 4	1st couple set & cast 1 place while 2nd couple step up on bars 3/4;
5 – 8	1st couple cross passing Right Shoulder 1st lady & 2nd man turn Right Hand $\frac{3}{4}$ turn while 1st man & 2nd lady turn Left Hand $\frac{3}{4}$ turn end 2nd couple in top place 1st couple in promenade hold between 2nd couple
9 – 12	1st couple in promenade hold dance a $\frac{1}{2}$ Reel of 3 on ladies side (1st couple & 3rd lady pass Right Shoulder);
13 – 16	1st couple in promenade hold dance a $\frac{1}{2}$ Reel of 3 on men's side (1st couple & 2nd man pass Right Shoulder); 1st couple end between 3rd couple, at top
17 – 20	1st couple lead down Left Hand, cross out through 2nd place, own side & dance down behind 3rd place while 3rd & 2nd couples cross Right Hand with partner & set;
21 – 24	1st couple cross Left Hand & cast up to 2nd place, opp. side while 3rd & 2nd couples change Right Hand on sides 2nd, 1st & 3rd couples join nearer hands & set
25 – 32	2nd, 1st & 3rd couples Advance & Retire 2nd, 1st & 3rd couples turn partner Right Hand $1\frac{1}{2}$ turns end 2 1 3 Repeat having passed a couple

A dance devised by Ian Dickson. The Sunderland to Washington (County Durham) road is one frequently travelled by our dancers.

Rita's Ramble

A Strathspey for 3 couples in a 3 couple long ways set (3 x 32 bars)

2 chords: 2nd couple cross to opposite sides

Bars	Description
1 – 8	2nd couple cross Right Hand & face out, 2nd man casts up to end between 1st couple at top while 2nd lady casts off to end between 3rd couple at foot; 2nd man & 1st couple dance a ½ Reel of 3 across while 2nd lady & 3rd couple dance a ½ Reel of 3 across (2nd man & 1st lady; 2nd lady & 3rd man pass L. Shoulder) 2nd couple end in middle top & foot facing each other
9 – 16	2nd couple change places Right Hand down/up set and cast to 2nd place, own side; 1st, 2nd & 3rd couples dance ½ Reels of 3 on sides (2nd lady & 3rd man; 1st lady & 2nd man pass Left Shoulder) now 3 2 1 with 3rd & 1st couples on opposite sides
17 – 24	3rd, 2nd & 1st couples dance 8 bars of Rights & Lefts for 3 couples All now have new partners with middle couple on own sides
25 – 32	All turn new partner Right Hand 1 turn; All chase clockwise ½ way end ladies side from top – 2nd lady, 1st man 1st lady men's side from top – 3rd man, 3rd lady, 2nd man Repeat twice more from new positions each time

A dance devised by Lilian Austin for Rita Settrey.

Eighty Years Young

A Reel for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st & 2nd couples face on side & set 1st & 2nd couple change places Right Hand; 1st couple turn Left Hand $1\frac{1}{4}$ turns to face 1st corners
9 – 16	1st couple with 1st corners dance a $\frac{1}{2}$ diagonal Reel of 4; 1st couple turn Left Hand to face 2nd corner position while 2nd & 3rd couples dance $\frac{1}{2}$ Rights & Lefts (start across)
17 – 24	1st couple with dancers in 2nd corners dance a $\frac{1}{2}$ diagonal Reel of 4; 1st couple turn Left Hand to 2nd place, opposite side as 2nd & 3rd couples dance $\frac{1}{2}$ Rights & Lefts (start on sides) now 3rd, 1st & 2nd couples all on opposite sides
25 – 32	3rd, 1st & 2nd couples dance Set & Link twice end 2 1 3 Repeat having passed a couple

A dance devised by Ann Stewart to celebrate the birthday of
Claire Burnett

Nessie's Jig

A Jig for 4 couples in a 4 couple long ways set (4 x 32 bars)

Bars	Description
1 – 8	1st & 4th couples dance towards partner then cast (down/up) while 2nd & 3rd couples step to ends (up/down) on bars 3/4; 1st & 4th couples dance Right Hands Across
9 – 16	2nd & 3rd couples dance towards partner then cast (down/up) while 1st & 4th couples step to ends (up/down) on bars 11/12; 2nd & 3rd couples dance Left Hands Across
17 – 24	All dance Reels of 4 on sides
25 – 32	1st couple set 1st couple cast to 4th place while 2nd, 3rd & 4th couples step up one place; All turn partners Right Hand 1 turn End 2 3 4 1 Repeat 3 more times from new positions each time

A dance devised by Ray Settrey for 'Nessie' Prideaux.

Dorothy McDonald Dickson

A Strathspey for 3 couples in a 3 couple long ways set (3 x 32 bars)

Bars	Description
1 – 8	1st & 2nd couples join nearer hands on side & set to partner, 1st & 2nd couples dance $\frac{3}{4}$ Double Figure of 8 (1st couple cast: 2nd couple cross up) 1st couple now in 2nd place, opposite side
9 – 16	1st & 3rd couples dance Right Hands Across; 1st & 3rd couples dance $\frac{1}{2}$ Double Figure of 8 (1st couple cast: 3rd couple cross up) 1st couple end in 2nd place, own side, facing out & up
17 – 24	2nd, 1st & 3rd couples dance Reels of 3 on sides (2nd couple in & down, 1st couple out & up) while 3rd couple dancing in cross up – (above 2s) 2nd couple end in top place, own side while 1st & 3rd couples end reel dancing up middle with partner, nearer hands joined
25 – 28	1st couple followed by 3rd couple dance up between 2nd couple and cast on own sides end 1st couple in 3rd place, 3rd couple in 2nd place;
29 – 32	2nd, 3rd & 1st couples set & turn partner Both Hands 1 turn end 2 3 1 Repeat twice more from new positions each time

A dance devised by Ian Dickson for his wife.

For Marion

A Reel for 3 couples in a 4 couple long ways set (8 x 48 bars)

Bars	Description
1 – 8	1st couple cross Right Hand & cast 1 place while 2nd couple step up on bars 3/4; 1st couple cross Left Hand 1st lady casts up to end between 2nd couple while 1st man casts off to end between 3rd couple
9 – 16	1st lady & 2nd couple dance a ½ Reel of 3 across while 1st man & 3rd couple dance a ½ Reel of 3 across (1st couple give Right Shoulder to 1st corner to begin); end in lines across 1st, 2nd & 3rd couples set & cross Left Hand with person opp. (end 1st couple facing out through ends)
17 – 24	1st man & 3rd couple (top) dance a ½ Reel of 3 across while 1st lady & 2nd couple dance a ½ Reel of 3 across (1st man & 3rd lady also 1st lady 2nd man pass L. Shoulder) end in lines across; All set 1st couple turn Left Hand ¼ turn to face 1st corners while corners change places Right Hand on sides
25 – 32	1st couple & 1st corners change places Right Hand 1st couple set while 1st corners change places Left Hand in centre; 1st couple & partners 1st corner person change places Right Hand 1st couple turn Left Hand to face 2nd corners while 1st corners set

- 33 – 40 Repeat bars 25 – 32 with 2nd corners
1st couple end facing 1st corner positions
- 41 – 48 1st couple & 1st corners dance a ½ diagonal Reel of 4
1st couple pass Right Shoulder to face 2nd corner positions;
- 1st couple & 2nd corners dance a ½ diagonal Reel of 4
1st couple pass Right Shoulder to 2nd position, own side
- end 2 1 3
- Repeat having passed a couple

A dance devised by Ann Stewart for Marion Stephenson a member of our dancing group.

The Moth Ball

A Jig for 3 couples in a 4 couple long ways set (8 x 32 bars).

Bars	Description
1 – 8	1st & 2nd ladies turn Left Hand 1 turn while 1st & 2nd men turn Right Hand 1 turn; 1st couple dance out below 2nd couple, own side & down behind 3rd couple while 2nd & 3rd couples step up on bars 7/8
9 – 16	1st & 3rd ladies turn Right Hand 1 turn while 1st & 3rd men turn Left Hand 1 turn; 1st couple dance up middle to top & cast into 2nd place, own side while 3rd couple step down on bars 15/16
17 – 24	1st man with 2nd couple dance a ½ Reel of 3 across (1st man & 2nd lady pass Right Shoulder while 1st lady with 3rd couple dance a ½ Reel of 3 across (1st lady & 3rd man pass Right Shoulder); on bar 20 1st couple change into – 1st lady with 2nd couple dance a ½ Reel of 3 across while 1st man with 3rd couple dance a ½ Reel of 3 across N.B. a continuous reel across for 2s 3s with only 1s changing
25 – 32	1st couple dance up between 2nd couple, cast on own side; 1st couple dance down between 3rd couple & cast up 1 place end 2 1 3 Repeat having passed a couple

A dance devised by Ian Dickson to mark the day when a moth flew into the hall and joined the dancing set, flitting between the dancers as though joining in the dance.

And One

A Strathspey for 3 couples in a 4 couple long ways set (8 x 32 bars).

Bars	Description
1 – 8	1st couple cross Right Hand & set; 1st couple cross down Left Hand to 2nd place, own side while 2nd couple step up on bars 5/6 2nd, 1st & 3rd couples with nearer hands joined set
9 – 16	1st couple set advancing to 1st corners (corners do not set), 1st couple turn their 1st corner Both Hands 1st couple end on sides between corners; 1st couple set advancing to partners 1st corner 1st couple turn partners 1st corner Both Hands 1st couple end in 2nd place, own side, facing out & down
17 – 24	2nd, 1st & 3rd couples dance a Reel of 3 on sides (6 bars) (1s couple out & down, 3rd couple in & up) on bars 23/24 1st & 3rd couples continue reel to change places end 2nd couple in top place, own sides 3rd & 1st couples in promenade hold in middle facing up
25 – 32	3rd & 1st couples Allemande end 2 1 3 Repeat having passed a couple

A dance devised by Pauline Kerby to honour John Hutton who was our original class teacher and who on teaching an Allemande always called out 'And One' on the first bar of the Allemande to emphasise the man's arm being raised and placed over the lady's head during the change from Promenade hold to an Allemande hold.

We still call 'And One' on occasion.

Mary McDonald

A Reel for 4 couples in a 4 couple long ways set (4 x 48 bars).

- | Bars | Description |
|---------|--|
| 1 – 8 | 1st & 2nd couples dance a Double Figure of 8 while 3rd & 4th couples dance a Double Figure of 8 (1st & 3rd couples cross down to begin) |
| 9 – 16 | All dance Reels of 4 on sides (ladies start Left Shoulder) end on own sides 1s facing 2s & 3s facing 4s |
| 17 – 24 | 1st & 2nd couples also 3rd & 4th couples change places Right Hand on sides
1st & 4th couples Left Hands Across ½ way, remain in centre while 2nd & 3rd couples (cnrs.) set;

1st & 4th couples turn nearest corner in Right Hand ½ turn,

2nd & 3rd couples Left Hands Across ½ way to end on sides while 1st & 4th couples (cnrs.) set |
| 25 – 32 | Repeat bars 17 to 24 with couples reversed end in original positions (1 2 3 4) |
| 33 – 40 | 1st & 2nd couples dance a Reel of 4 across while 3rd & 4th couples dance a Reel of 4 across (1st man & 2nd lady also 3rd man & 4th lady pass Left Shoulder)
end in original positions with 1st lady facing out |
| 41 – 48 | 1st lady dances down behind the ladies side to 4th place while 1st man dances down middle of set to 4th place while 2nd, 3rd & 4th couples step up on bars 43/44;

All turn partner Right Hand 1 turn

End 2 3 4 1

Repeat three more times from new positions each time |

A dance devised by Ann Stewart for Mary Newman (née McDonald) on the occasion of her birthday.

All Right on the Night

A Jig for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 4	1st couple cast to below 3rd place while 2nd & 3rd couples dance Right Hands Across;
5 – 8	2nd couple lead up 1 place and set while 1st couple cross below 3rd couple & cast up to 2nd place on opposite sides
9 – 16	2nd & 1st couples dance a Ladies Chain
17 – 24	2nd, 1st & 3rd ladies dance a Reel of 3 on side (1st lady crosses up giving Right Shoulder to 1st lady position as 2nd & 3rd ladies pass Left Shoulder to start) while 2nd, 1st & 3rd men dance a Reel of 3 on side (1st man crosses down giving Right Shoulder to 3rd man position as 2nd & 3rd men pass Left Shoulder to start) 1st couple end in 2nd place, own side
25 – 32	1st lady & 2nd couple dance Right Hands Across while 1st man & 3rd couple dance Right Hands Across; 2nd, 1st & 3rd couples turn partner Right Hand 1 turn end 2 1 3 Repeat having passed a couple

A dance devised by Ray Settrey

Mrs Rose Anne Robertson

A Strathspey for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st man & 2nd lady also 2nd man & 3rd lady cross Right Hand, 1st lady & 3rd lady also 1st man & 3rd man cross Left Hand; 2nd lady & 3rd man also 1st lady & 2nd man cross Right Hand, 3rd, 2nd & 1st couples set
9 – 16	1st & 3rd couples dance a Double Figure of 8 around the standing 2nd couple (1st couple cross up & 3rd couple cast to start)
17 – 24	3rd, 2nd & 1st couples dance The Knot, 3rd couple end in original places while 1st & 2nd couples having turned to their own side retain Left Hand with partner & blend into -
25 – 32	1st & 2nd couples dance Left Hands Across – on bar 28 – 1st lady & 2nd lady dance forward under partners left arm (twirl) to end in diagonal line ready for; 1st & 2nd couples dance a ½ Diamond Poussette end 2 1 3 Repeat having passed a couple
N.B.	At the end of the 2nd repetition on bars 31/32 – 1st couple do not retire to sides but turn down to end in 4th place, own side while 4th couple step up

A dance devised by Ian Dickson and dedicated to Rose Anne Robertson of South Shields.

Hurrying Home

A Reel for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st couple dance in towards partner then cast off 1 place while 2nd couple step up on bars 3/4; 1st couple turn Right Hand to face 1st corners
9 – 16	1st couple & 1st corners dance a diagonal ½ Reel of 4 while 2nd corners dance clockwise ½ way to change positions 1st couple pass by Right Shoulder to face 2nd corner position; 1st couple & 2nd corners dance a diagonal ½ Reel of 4 while 1st corners dance clockwise ½ way to original positions 1st couple pass by Right Shoulder to face 3rd corner position
17 – 24	1st couple & 3rd corners dance a diagonal ½ Reel of 4 while 2nd corners dance clockwise ½ way to change positions 1st couple pass by Right Shoulder to face 4th corner position; 1st couple & 4th corners dance a diagonal ½ Reel of 4 while 1st corners dance clockwise ½ way to original positions 1st couple end Left Shoulder to Left Shoulder in centre
25 – 32	1st couple turn Left Hand 1 turn; 1st man & 3rd couple dance Right Hands Across while 1st lady & 2nd couple dance Right Hands Across 1st couple finish in 2nd place, own side end 2 1 3 Repeat having passed a couple
N.B.	In bars 9 – 24 1st couple are dancing to each corner in turn as in Mairi's Wedding. 3rd corner is partner's 1st corner position 4th corner is partner's 2nd corner position

A dance devised by Ray Settrey

The Durham Argus

A Jig for 3 couples in a 4 couple long ways set (8 x 40 bars).

Bars	Description
1 – 8	1st couple set advancing & turn partner Both Hands $\frac{1}{2}$ turn to end in middle, facing down while 2nd couple step up on bars 3/4; 1st couple lead down middle with Left Hand cross below 3rd couple and cast up to 2nd place, own side
9 – 16	1st couple set advancing & turn partner Both Hands $\frac{1}{2}$ turn to end in middle facing up; 1st couple lead up Right Hand to top, cross & cast 1 place on own side, & pass Left Shoulder to face 1st corners
17 – 24	1st couple set to 1st corners pulling back Right Shoulder set to partner across (Hello/Goodbye setting) 1st couple set to 2nd corners pulling back Right Shoulder to 1st man between 2nd couple & 1st lady between 3rd couple 1st couple set advancing to centre & pull back Right Shoulder to end back to back in centre 1st man face up, 1st lady down
25 – 32	1st, 2nd & 3rd couples dance Reels of 3 on sides (1st couple & 2nd corners pass Right Shoulder) 1st couple end reel changing into partner's path for –
33 – 40	1st couple dance a Figure of 8 on own side (1st man gives 3rd man & 1st lady gives 2nd lady Right Shoulder to start) end 2 1 3 – The Butterfly has fluttered by. Repeat having passed a couple

A dance devised by Ian Dickson to commemorate a sighting of The Durham Argus Butterfly near Castle Eden Dene, County Durham.

My Friend Margaret

A Strathspey for 4 couples in a 4 couple long ways set (4 x 32 Bars)

Bars	Description
1 – 8	1st couple cross Right Hand & cast 1 place while 2nd couple step up on bars 3/4; 1st couple cross Right Hand, 1st lady casts down round 3rd lady while 1st man casts up round 2nd man 1st couple end passing Right Shoulders to face 1st corners
9 – 16	1st couple dance Pass & Turn with 1st corners 1st couple pass Right Shoulders to face 2nd corners; 1st couple dance Pass & Turn with 2nd corners 1st couple pass Right Shoulder to end in 2nd place, own side, facing out
17 -24	2nd, 1st & 3rd men dance a Reel of 3 on the side while 1st, 3rd & 4th ladies dance a Reel of 3 on the side (1st & 2nd men also 1st & 3rd ladies pass Right Shoulders to start) end 1st & 3rd couples dancing into middle ready for –
25 – 32	1st & 3rd couple dance a ½ Diamond Poussette; 1st & 4th couples dance a ½ Diamond Poussette end 2 3 4 1 Repeat three more times from new positions each time

A dance devised by Ann Stewart and dedicated to her friend Margaret Johnston

Our Golden Year

A Jig for 3 couples in a 4 couple long ways set (8 x 40 bars)

Bars	Description
1 – 8	2nd couple followed by 1st couple dance a Double Figure of 8 round the 3rd couple (2nd couple crossing down to start) end 2 1 3
9 – 16	1st couple followed by 3rd couple dance a Double Figure of 8 round 2nd couple 1st crossing up to start) end 2 3 1
17 – 24	1st couple dance to top & cast off 1 place on own side while 3rd couple dance down to original places; 1st couple turn Left Hand to face 1st corners
25 – 32	1st couple with 1st corners dance a ½ diagonal Reel of 4 end passing Right Shoulder to face 2nd corners; 1st couple with 2nd corners dance a ½ diagonal Reel of 4 1st couple end in 2nd place, opposite sides
33 – 40	3rd, 1st & 2nd couples chase clockwise ½ way to own side; 2nd, 1st & 3rd couples turn partner Right Hand 1 turn end 2 1 3

Repeat having passed a couple

N.B. At end of 2nd repetition 1st couple cast to 4th place while 4th couple turn up to 3rd place

A dance devised by Ray Settrey for his wife Rita on their Golden Wedding Anniversary.

It's My Dance

A Reel for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st & 2nd couples set, 1st & 2nd couples dance Right Hands Across $\frac{1}{2}$ way; 1st & 3rd couples set, 1st & 3rd couples dance Left Hands Across $\frac{1}{2}$ way
9 – 16	1st couple cross Right Hand 1st couple cast up to 2nd place, opposite side while 3rd couple step down; 2nd, 1st & 3rd couples set, 1st couple turn Left Hand $\frac{3}{4}$ turn to between 1st corners while 2nd & 3rd couples cross Right Hand with partner
17 – 24	1st couple dance the Spoke
25 – 32	2nd, 1st & 3rd couples dance a Reel of 3 on the side (1st & 2nd ladies also 1st & 3rd men pass Right Shoulder) end 2 1 3 Repeat having passed a couple

A dance devised by Margery Hancock

Bill & Mary Moore

A Strathspey for 3 couples in a 3 couple long ways set (3 x 32 bars).

Bars	Description
1 – 8	1st, 2nd & 3rd couples dance an Inveran Reel (1st couple cross down & dance a ½ Reel of 3 on the opposite side followed by a ½ Reel of 3 on own side)
9 – 16	1st, 2nd & 3rd couples set, 1st, 2nd & 3rd couples circle clockwise ½ way, 3rd, 2nd & 1st couples cross Right Hand with partner
17 – 24	3rd, 2nd & 1st couples dance an Inverted Inveran Reel (1st couple cross up & dance a ½ Reel of 3 on opposite side followed by a ½ Reel of 3 on own side)
25 – 32	3rd & 2nd couples dance the Bydand Progression end 2 3 1 Repeat two more times from new positions each time

A dance devised by David Austin to mark the end of Bill & Mary's Saturday night dances. The Bydand Progression was Bill's favourite progression for 2 couples.

The Bydand Progression as danced in Bydand (Drewry)

25 – 26	3rd couple ½ turn Right Hand while moving down to end in centre nearer hands joined, facing up while 2nd couple dance up on side, curve in to join nearer hands & face down,
27 – 28	2nd & 3rd couples set;
29 – 32	2nd & 3rd couples dance ½ Right Hands Across, 3rd couple face up & cast to 2nd place, own side while 2nd couple cross up to 1st place, own side

Fulwell Mill

A Reel for 3 couples in a 4 couple long ways set (8 x 40 bars)

Bars	Description
1 – 8	1st, 2nd & 3rd couples set & cross Right Hand; 1st, 2nd & 3rd couples set & turn partner Right Hand 1 turn now all on opposite sides – ladies face up, men face down
9 – 16	1st, 2nd & 3rd couples chase clockwise $\frac{1}{2}$ way to own sides; 3rd, 2nd & 1st couples turn partner Right Hand 1 turn end 1st couple in centre in 3rd place, facing up 2nd couple in original position, facing out & down 3rd couple in 1st place, facing down
17 – 24	1st couple followed by 2nd couple dance up middle to top (2nd couple dancing down to start) while 3rd couple dance down on sides to original positions, 1st couple cast to 2nd place, own side while 2nd couple dance to top & cast into top place 1st couple turn Left Hand $1\frac{1}{4}$ turns to face 1st corners
25 – 32	1st couple turn 1st corner Right Hand 1st couple pass Right Shoulder to face 2nd corners; 1st couple turn 2nd corner Right Hand 1st couple pass Right Shoulder to 2nd place, own side
33 – 40	2nd, 1st & 3rd couples circle to left & back end 2 1 3 Repeat having passed a couple

This dance was devised by Ian Dickson to mark the refurbishment of the Fulwell Mill. This windmill celebrates its bicentenary in 2008 and is a prominent feature as one enters the city of Sunderland on the A1018.

Peerless Pearl

A Jig for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	<p>1st, 2nd & 3rd couples dance a ½ Reel of 3 on sides (1st couple in & down: 2nd couple out & up);</p> <p>3rd & 2nd ladies turn Left Hand 1 turn while 3rd & 2nd men turn Right Hand 1 turn while 1st couple turn Right Hand 1 turn</p> <p>1st couple end in middle in 3rd place Right Hands joined, facing up</p>
9 – 16	<p>1st couple lead to top,</p> <p>1st couple cross & cast to 2nd place, opposite side while 2nd couple step down on bars 11/12;</p> <p>1st couple turn Left Hand 1¼ turns to face 2nd corner position</p>
17 – 24	<p>1st couple & 2nd corners dance Pass & Turn,</p> <p>1st couple dance in to meet & pulling back Right Shoulder pirouette about on spot to face 1st corner position;</p> <p>1st couple & 1st corners dance Pass & Turn</p> <p>1st couple end 2nd place, own side (1st lady face down: 1st man face up)</p>
25 – 32	<p>3rd, 1st & 2nd couples chase ½ way, to opposite sides;</p> <p>2nd, 1st & 3rd couples turn partner Right Hand 1½ turns</p> <p>1st couple stay in centre & face down ready for 2nd repetition</p> <p>end 2 1 3</p> <p>Repeat having passed a couple</p>

A dance devised by Ian Dickson to celebrate the birthday of
Pearl Varah, Washington, Sunderland

The Black Swan

A Strathspey for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st couple set & turn partner Right Hand; 1st couple cast while 2nd couple step up on bars 5/6 1st couple turn Left Hand to face 1st corners
9 – 16	1st couple set & turn 1st corner Right Hand 1st couple end facing 2nd corners; 1st couple & 2nd corners dance a ½ diagonal Reel of 4 (1st couple & 2nd corners pass Right Shoulder to start) 1st couple end facing same 2nd corner person (4th cnr.)
17 – 24	1st couple set & turn 2nd corner person Left Hand 1st couple end facing partner's 1st corner (3rd cnr.); 1st couple & 1st corners dance a ½ diagonal Reel of 4 (1st couple & 1st corners pass Left Shoulder to start) end 3 1 2 all on opposite sides
25 – 32	All set & cross Right Hand with partner, 1st couple face out; 3rd, 1st & 2nd couples dance ½ Reels of 3 on sides (1st & 3rd men also 1st & 2nd ladies pass Right Shoulder) 1st couple end reel with polite turn end 2 1 3 Repeat having passed a couple

A dance devised by Margery Hancock

Jaunty Jan

A Reel for 3 couples in a 3 couple long ways set (3 x 32 bars)

Bars	Description
1 – 2	2nd couple set advancing Pas de Basque towards partner pulling back Right Shoulder to end back to back with partner in centre facing own side
3 – 4	2nd couple set round each other in middle, ½ way to face opposite sides in Double Triangle position;
5 – 8	1st, 2nd & 3rd couples set in Double Triangle position, 2nd couple set round each other to face own side while 1st & 3rd couples continue setting
9 – 16	2nd couple dance out, between 1st & 3rd couple on own side, 2nd man casts up to end between 1st couple in middle while 2nd lady casts off to end between 3rd couple at foot while 1st & 3rd couple cross Right Hand with partner & set facing across whilst turning to face on sides; 2nd couple cross up/down middle of set with Left Hand, dance out through ends & cast into 2nd place, opposite side while 1st & 3rd couples change Right Hand on sides & set
17 – 24	3rd, 2nd & 1st couples dance Reels of 3 on sides (2nd & 1st ladies also 2nd & 3rd men pass Right Shoulder) 3rd & 1st couples end reel with extra loop into -
25 – 32	2nd man & 3rd couple dance a ½ Reel of 3 across while 2nd lady & 1st couple dance a ½ Reel of 3 across (2nd M. & 3rd lady also 2nd lady & 1st M. pass Left Shoulder) 2nd couple end in original places, facing up; 3rd & 2nd couples face on sides, set & change places (Men Left Hand: Ladies Right Hand) end 2 3 1 Repeat twice more from new positions each time

A dance devised by Ian Dickson for Jan Lawson.

Nell's Strathspey

A Strathspey for 3 couples in a 4 couple long ways set (8 x 32 bars)

Bars	Description
1 – 8	1st & 2nd couples dance Set & Link; 1st couple turn Left Hand to face 1st corners
9 – 16	1st couple turn their 1st corner Right Hand while 2nd corners set, 1st couple turn Left Hand to face 1st corner position (again) while 1st & 2nd corners dance 1 place clockwise; 1st couple turn dancer in their 1st corner position Right Hand while dancers in 2nd corner position set, 1st couple turn Right Hand to 2nd place opposite side while 1st & 2nd corners dance 1 place clockwise now 3 1 2 all on opposite sides
17 – 24	3rd, 1st & 2nd couples chase clockwise ½ way, to own side; 2nd, 1st & 3rd couples turn partner Right Hand 1 turn
25 – 32	1st man with 2nd couple dance a Reel of 3 across while 1st lady with 3rd couple dance a Reel of 3 across (1st couple pass their 2nd corners Right Shoulder to begin) end 2 1 3 Repeat having passed a couple

A dance devised by Ray Settrey for Nell Self, a member of our group.

The Ardchoille Jig

A Jig for 3 couples in a 3 couple long ways set (3 x 32 bars)

Bars	Description
1 – 8	<p>All set,</p> <p>1st & 3rd couples cross Right Hand with partner as 2nd couple pass Left Shoulder to face 1st corner positions;</p> <p>2nd couple & dancers in 1st corner place dance ½ Reel of 4 N.B. corners reel as normal but 2nd couple dance a wide loop to end 2nd lady between 1st & 3rd men facing down & 2nd man between 1st & 3rd ladies facing up, in lines across</p>
9 – 16	<p>All set</p> <p>2nd couple cross passing Left Shoulder to face 2nd corner positions while 1st & 3rd couples cross Left Hand on sides;</p> <p>2nd couple & dancers in 2nd corner place dance ½ Reel of 4 N.B. corners reel as normal but 2nd couple dance a wide loop to end in 2nd position, opposite side now 3 2 1 all on opposite sides</p>
17 – 24	<p>All set</p> <p>3rd & 1st couples cross Right Hand with partner while 2nd couple turn Left Hand 1 turn to end left shoulder to left shoulder in centre, lady facing down, man up;</p> <p>2nd man dances up through 3rd couple while 2nd lady dances down through 1st couple they cast off/up to end in 2nd position, own side now 3 2 1 on own side</p>
25 – 32	<p>3rd & 2nd couples dance Bea's Delight Progression</p> <p>end 2 3 1</p> <p>Repeat twice more from new positions each time</p>

A dance devised by Ann Stewart

Bea's Delight Progression as danced Bea's Delight (Macfarlane)

- 25 – 27 3rd lady & 2nd man turn Right Hand to join Left Hand with partner
- 28 – 29 3rd & 2nd couples Balance in diagonal Line;
- 30 – 32 3rd lady followed by 3rd man dances up slightly then down men's side to 2nd place & crosses to 2nd lady's position, 3rd man to 2nd man's position
while 2nd man followed by 2nd lady dances out through 2nd place on ladies side then up to 1st lady's place & crosses to 1st man's position, 2nd lady to 1st lady's position

The Broken Arm Reel

A Reel for 3 couples in a 4 couple long ways set (8 x 32 Reel)

Bars	Description
1 – 8	1st couple dance in towards partner then cast off 1 place while 2nd couple step up on bars 3/4; 1st couple with nearer hands joined dance down between 3rd couple & cast up to 2nd place on own side
9 – 16	1st lady & 2nd couple dance a Reel of 3 across while 1st man & 3rd couple dance a Reel of 3 across (1st couple give Left Shoulder to 1st corner to begin) 1st couple end in 2nd position, own side
17 – 24	1st lady with 2nd & 3rd men dance a Reel of 3 on side while 1st man & 2nd & 3rd ladies dance Reel of 3 on side (1st couple give Right Shoulder to 2nd corner to begin) 1st couple end in 2nd position, opposite side
25 – 32	1st couple dance up between 2nd couple, cross and cast to end in 2nd position, own side; 2nd, 1st, and 3rd couples turn partner Right Hand 1 turn end 2 1 3 Repeat having passed a couple

A dance devised by Ray Settrey to commemorate the time when in January 2003 three of our dancers all had broken arms, none caused through dancing.

The Belles of St. Chad's

A Strathspey for 4 couples in a 4 couple long ways set (4 x 32 bars)

Bars	Description
1 – 8	1st & 4th couples cross Right Hand, with partner 1st & 4th couples cast down/up 1 place while 2nd & 3rd couples step out (up/down); 1st & 4th couples dance Left Hands Across, to end facing nearest corner (1st lady faces 2nd man: 1st man – 2nd lady: 4th lady faces 3rd man: 4th man – 3rd lady)
9 – 16	1st & 4th couples turn corner Right Hand, 1 turn (2 bars) 1st & 4th couples (middles) dance Left Hands Across ½ way, to end in sidelines (2 bars), while 2nd & 3rd couples cross Left Hand; All chase anticlockwise ½ way, end facing direction of chase all on ladies' side face up & on men's side down now 3 1 4 2 with 1st & 4th couples on opposite sides
17 – 24	All dance ½ Reels of 4 on side (3rd & 1st ladies, 4th & 2nd men pull back Right Shoulder to 'cast' into the reel); now 2 4 1 3 with 4th & 1st couples on opposite sides 4th couple dance a ½ Figure of 8 through 2nd couple while 1st couple dance a ½ Figure of 8 through 3rd couple
25 – 32	4th & 1st couples dance a Diamond Poussette (start from sides) end 2 4 1 3 Repeat three more times from new positions each time

This dance was devised by Ian Dickson and dedicated to all the ladies who attend the dancing group at St. Chad's

The Herrington Collection
of
Scottish Country Dances

2008

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